

	Start	Sprint Lanes	End	F / M	Age
Session 1	09:00	09:15	09:25	Female	10 & Over
	09:25	09:40	09:50	Male	10 & Over
Session 2	14:00	14:20	14:25	Female	10 & Over
	14:25	N/A	14:50	Male	10 & Over
Session 3	09:00	09:15	09:25	Female	10 & Over
	09:25	09:40	09:50	Male	10 & Over
Session 4	14:00	14:20	14:25	Female	10 & Over
	14:25	N/A	14:50	Male	10 & Over

Events			
Session 1	Prelims	1	Female 10 & Over 100m Breaststroke
	Prelims	2	Male 10 & Over 100m Freestyle
	HDW	3	Female 10 & Over 200m Freestyle
	HDW	4	Male 10 & Over 200m Breaststroke
	Finals	1	Female 10 & Over 100m Breaststroke
	Finals	2	Male 10 & Over 100m Freestyle
Session 2	HDW	5	Female 12 & Over 400m IM
	HDW	6	Male 12 & Over 1500m Freestyle
Session 3	Prelims	7	Male 10 & Over 100m Breaststroke
	Prelims	8	Female 10 & Over 100m Backstroke
	HDW	9	Male 10 & Over 200m Freestyle
	HDW	10	Female 10 & Over 200m Breaststroke
	Finals	7	Male 10 & Over 100m Breaststroke
	Finals	8	Female 10 & Over 100m Backstroke
Session 4	HDW	11	Male 10 & Over 200m Backstroke
	HDW	12	Female 12 & Over 800m Freestyle
	HDW	13	Male 10 & Over 400m Freestyle