

# Surrey County ASA

[www.surreyswimming.org](http://www.surreyswimming.org)



Dear diving friend

## 2017 Surrey County ASA Skills Competition

You are cordially invited to enter divers into the 2017 Surrey County ASA Skills Competition to be held at Guildford Spectrum, Parkway, Guildford, Surrey GU1 1UP on Saturday 28 January.

The pool will be open for event-specific training at midday.

Medals will be awarded to the top three Surrey divers in each event and *guest* medals to any non-Surrey divers finishing in the top three.

Please return your entries on the form below, either by post or e-mail, to reach me no later than Monday 16 January.

Draft start lists, a timetable and judging rota will be circulated to all participating clubs after the entries have been collated.

Cheques to cover the entry fees must be made payable to Surrey County ASA – at £10 per diver. An e-programme will be available to view, print or download from the Surrey County ASA website several days before the meet.

We look forward to you joining us for what promises to be a fun, friendly competition for some of our emerging young stars.

In the meantime, please do not hesitate to contact me if you have any questions or I can be of further help.

Yours sincerely

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# Conditions

Age categories for girls and boys

Group E (8/9 years)  
Group D (10/11 years)  
Group C (12/13 years)  
Group B/A (14/18 years)

Ages recorded at 31 December 2017

<b>Skill</b>	<b>Height</b>	<b>DD</b>	<b>Dive No</b>
<b>1.</b> V-sit hold (5 seconds)	Poolside mat	1.0	111B
<b>2.</b> Forward jump piked (with a/s)	Poolside	1.0	100B
<b>3.</b> One- or two-bounce forward jump straight	1m	1.0	100A
<b>4.</b> Forward dive with tuck or Back dive with tuck or Inward dive with tuck	1m	1.2 1.5 1.4	101C 201C 401C
<b>5.</b> Forward fall straight or Pike fall	3m	1.2 1.0	10A 10B
<b>6.</b> Back fall straight or Back tuck roll or Back jump straight	3m	1.4 1.3 1.0	20A 20C 200A

## Entry Criteria

This competition is aimed at grassroots divers. You are ineligible if you have dived at the England Talent Games, National Skills Finals, or made your National Skills Finals recommended points at a regional skills qualifier.