



Dear diving friends

ESSA South East Division Trials 2023

You are cordially invited to enter divers into this year's ESSA South East Division Trials to be held at Guildford Spectrum, Parkway, Guildford GU1 1UP on Saturday 7 October 2023. Training will start at 5pm with events expected to finish at 8pm.

The event will be used to select the South East Division team to compete at this year's ESSA National Diving Championships to be held at the Manchester Aquatics Centre on Sunday 10 December. Divers entering this selection event should ensure that they are available to compete both in the finals on the 10th and attend training in Manchester on December 9th (training slots TBC).

Please email your entries to Fran Diaz no later than Friday 29 September – francisco.diaz@btinternet.com Dive sheets will then need to be entered on DiveRecorder no later than Friday 6 October.

Divers' ages are recorded at the end of the new academic year – August 31, 2024. Please read the entry conditions carefully and complete the entry form fully **including your divers school with postcode as there have been occasions in the past where the diver has lived and trained in the SE divisional counties, but gone to school in a different one**. Divers selected to be part of the team for the finals will be drawn from those attending this qualifying event only. If you reach the top 3 in your event please ensure that you leave your details with the SE Schools divisional representative at the event before you leave. Certificates will be presented to these divers at the end of their event.

Draft start lists and a timetable will be circulated to coaches shortly after the entry closing date. An e-programme will be circulated a few days before the event.

Entry fees are £15 per diver payable by BACS to Surrey Schools Swimming Association, Account 11563645, Sort Code 40-19-22. Use ref: **ESSA SE Diving Trials + club name**.

Please send a copy of the entry form and payment details to Emma at the email below for reconciliation.

Should you be selected for the SE team competing at the English Schools Final a financial contribution will be required to cover the costs including your accommodation, kit, food (evening meal on Saturday, breakfast and lunch on Sunday) and team officials. We anticipate this to be £85. The division makes every effort to minimise costs and some elements of the event are subsidised by English Schools' Swimming Association. Accommodation has been arranged in triple-bedded rooms at the Hyatt Regency Hotel close to the pool in Manchester.

The English Schools Final will start and end at the Manchester Aquatics Centre (LAC) and be chaperoned from this point. **Coaches and chaperones, who have team manager training and current DBSs, will be required from competing clubs**. It will be the responsibility of each diver, at their own expense, to arrive at the Manchester Aquatic Centre at the appointed training time on Saturday 9 December and be collected at the close of the competition on Sunday 10 December. All divers **will stay with the team to support each other throughout the competition**.

In the meantime, please do not hesitate to contact me if you have any questions or I can be of further help. We look forward to seeing you on October 7th.

Yours sincerely

Emma West

10 Maiden Erlegh Drive, Earley, Reading. RG6 7HP. Mob: 07963 830329 E-mail: ew10@btinternet.com

Age Groups for Girls & Boys

Primary:	Age 10, 11 years at 31 August 2024	School years: 5, 6
Junior:	Age 12, 13 years at 31 August 2024	School years: 7, 8
Intermediate:	Age 14, 15 years at 31 August 2024	School years: 9, 10
Senior:	Age 16, 17, 18 years at 31 August 2024	School years: 11, 12, 13

Conditions

Primary	3 dives from 3 groups(5.4) + 1 dive without limit	1m
Junior	3 dives from 3 groups (5.4) + 2 dives without limit (4 groups must be covered)	1m
Intermediate	3 dives from 3 groups (5.9) + 3 dives without limit (4 groups must be covered)	3m
Senior	3 dives from 3 groups (5.9) + 3 dives without limit (4 groups must be covered)	3m

Eligibility: Divers must be in full-time education at an establishment in the South East Division. The South East Division is defined geographically as the ceremonial counties (as defined in the Lieutenancy legislation) of Berkshire, Buckinghamshire, East Sussex, Hampshire, Isle of Wight, Kent, Oxfordshire, Surrey, West Sussex and the Crown Dependencies of the Channel Islands.

Team selection for the National Championships will be drawn from those attending these trials **only**.

The English Schools Diving Championships Finals 2023 will be held in the Manchester Aquatic Centre. Divers selected must be available **on both** Saturday 9th December (training) and Sunday 10th December (competition).

ESSA South East Division Trials, Guildford Spectrum

Saturday 7 October 2023

To enter a team please e-mail your entries by Friday 29th September to francisco.diaz@btinternet.com

Entry Fees are £15 per diver

Payment is by BACS to Surrey Schools Swimming Association, Account 11563645, Sort Code 40-19-22,

Ref: ESSA SE Diving Trials + club name

For reconciliation, please e-mail a copy of entry and payment confirmation to ew10@btinternet.com

Name	M/F	DoB	School Year	Event	School Name & Address	County	Postcode
<i>Example: John Smith</i>	<i>M</i>	<i>10/10/2011</i>	<i>7</i>	<i>Junior</i>	<i>Smith School, Red Road, Reading</i>	<i>Berkshire</i>	<i>RG1 1JS</i>

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