County Development Programme 2022

Skills Coach

Surrey County Swimming ASA is looking for six to eight Coaches to participate in the 2022 County Development Camps. Matt Smart is our current County Coach and is leading the County Development camp planned in the last quarter of 2021. We would like any newly appointed Skills Coaches to attend this camp. The newly appointed County Coach for 2022/23 will lead the County Development camps for 2022.

Camp Aims:

The camps will help our swimmers become more streamlined in the water with better push-offs, underwater phase and transition into strokes. Also included are technique sessions on rotational/long-axis strokes (backstroke and front crawl) and anti-rotational/short-axis strokes (butterfly and breaststroke). Land training is based on developing athleticism, encouraging good movement patterns to transfer into the water.

Role:

As a skills coach, successful applicants will assist the County Coach in running and delivering each day of the camp. Part of the role includes delivering each swim session to a small number of the swimmers on the camp. Coaches will also play a key role in delivering the land training sessions, helping swimmers to get the most out of each day.

The development camps are the first stage of the development pathway set out by Swim England. More information can be found here: https://www.swimming.org/sport/swim-england-talent-swimming/ One of the goals for these camps is to help coaches develop as well as the swimmers. Successful applicants will be able to learn from other coaches and the County Coach and be able to take this into their home programmes. It also opens up further development opportunities at the regional and national development camps if coaches wish to pursue further roles on the pathway.

Interest:

If you are interested in assisting our County Coach at the 2022 camps, please send an email to jules_199@yahoo.com. If you would more information about the role, please drop Matt an e-mail at matt.smart@gcsc.co.uk.