

Surrey County ASA

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Dear diving friend

2016 Surrey County ASA Skills Competition

You are cordially invited to enter divers into the 2016 Surrey County ASA Skills Competition to be held at Guildford Spectrum, Parkway, Guildford, Surrey GU1 1UP on Saturday 30 January.

Medals will be awarded to the top three Surrey divers in each event and *guest* medals to any non-Surrey divers finishing in the top three.

Please return your entries on the form below, either by post or e-mail, to reach me no later than Monday 18 January.

Entries by club, draft start lists and a schedule of events will be circulated after the entries have been collated.

Cheques to cover the entry fees must be made payable to Surrey County ASA – at £10 per diver. This includes a free competition programme on the day.

We look forward to you joining us for what promises to be a fun, friendly meet for some of our emerging young stars.

In the meantime, please do not hesitate to contact me if you have any questions or I can be of further help.

Yours sincerely

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Conditions

Age categories for girls and boys

Group E (8/9 years)
Group D (10/11 years)
Group C (12/13 years)
Group B/A (14/18 years)

Ages recorded at 31 December 2016

Skill	Height	DD	Dive No
1. V-sit hold (5 seconds)	Poolside mat	1.0	111B
2. Forward jump piked (with a/s)	Poolside	1.0	100B
3. One- or two-bounce forward jump straight	1m	1.0	100A
4. Forward dive with tuck or Back dive with tuck or Inward dive with tuck	1m	FINA FINA FINA	101C 201C 401C
5. Forward fall straight or Pike fall	3m	1.2 1.0	10A 10B
6. Back fall straight or Back tuck roll or Back jump straight	3m	1.4 1.3 1.0	20A 20C 200A

Entry Criteria

This competition is aimed at grassroots divers. You are ineligible if you have dived at the England Talent Games, National Skills Finals, or made your National Skills Finals recommended points at a regional skills qualifier.